

Whole or multigrain bread must be served 3 times

**Week of March 2<sup>nd</sup>~6<sup>th</sup>**

*Requirements:  
 Meat/Meat alternative 2 oz.  
 Fruit/Vegetable ¾ cup  
 Bread 8 per week  
 Milk (Lowfat & flavored choices) 1 pint*

<b>LUNCH</b>	<b>Mon. March 2</b>	<b>Tues. March 3</b>	<b>Wed. March 4</b>	<b>Thurs. March 5</b>	<b>Fri. March 6</b>
<b>Meat or Meat Alternative (choose one)</b>	Manager's Choice	Manager's Choice	Manager's Choice	Manager's Choice	Manager's Choice
<b>Vegetables and/or Fruits (choose two)</b>					
<b>Bread and Bread Products</b>					
<b>Other Foods</b> HS Salad Bar Daily					
<b>Milk skim, 1%, Chocolate</b>	Milk	Milk	Milk	Milk	Milk
<b>BREAKFAST</b>					
<b>Meat or Meat Alternative</b>					
<b>Bread Product</b>					
<b>Fruit or Juice</b>	Assorted	Assorted	Assorted	Assorted	Assorted
<b>Milk</b>	Milk	Milk	Milk	Milk	Milk

In accordance with Federal Law, we are prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

Menus are subject to change due to commodities available, school closings, etc.